## ANAPHYLAXIS

## **SIGNS & SYMPTOMS**

Symptoms are highly variable. Maybe one or more of the following:

- · Difficulty/noisy breathing.
- Swelling of face and tongue.
- Swelling/tightness in throat.
- Persistent dizziness.
- · Loss of consciousness/collapse.
- Difficulty talking/hoarse voice.
- Wheeze or persistent cough.
- Pale and floppy (in young children).
- Abdominal pain and vomiting.
- Hives, welts and body redness.
- Signs of envenomation.

HAZARD = TRIGGERS

Certain foods. Insect stings. Tick bites. Certain medications. Latex. Exercise etc.

**RISK = LIFE-THREATENING** Airway, breathing and circulatory problems. Unconscious. Cardiac arrest.



EpiPen<sup>®</sup> Autoinjector Junior and Adult

Get someone to call 000.

obtain action plan/s and

autoinjector/s.

Don't allow to stand or walk.

Remove allergen i.e. flick out stings (Do not remove

ticks, kill them where they

are e.g. use permethrin

cream or an ether-

containing spray).

Use the correct sized

autoinjector as per

instructions.

Give more adrenaline if no response after 5 minutes.

If breathing stops, CPR.

Give oxygen or asthma

medication if required.

HOW TO USE THE EPIPEN®

AUTOINJECTOR

(available in adult and junior sizes).

Form a fist around EpiPen® and PULL OFF THE BLUE SAFETY RELEASE.

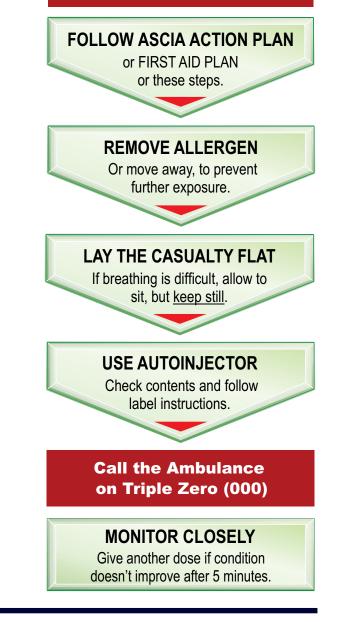


PLACE THE ORANGE END against the outer mid-thigh (with or without clothing).



PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds. Remove the EpiPen<sup>®</sup>.

## Ensure Safety for Self and Others



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