# RESUSCITATION

# **DRSABCD RESPONSE**

#### **DANGER**

Check for hazards & ensure safety.

#### Infants Under 1 Year







#### **RESPONSE**

A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

## **AIRWAY**

Open to check breathing.

# **BREATHING**

If the casualty is not breathing OR breathing abnormally, start CPR.

#### **CPR**

30 Compressions: 2 Breaths. (if unwilling or unable to do breaths, consider compressions only).

# **DEFIBRILLATE**

As soon as available, follow the prompts.

# **SEND FOR HELP**

Call the ambulance - 000.

### **Adults & Children**







# **Ensure Safety for Self and Others**

Call Triple Zero (000) for an Ambulance

#### SIGNS & SYMPTOMS

Unconscious, not responding, not breathing normally, or not breathing at all.

#### **CPR DETAILS**

approx 5 cm approx 4 cm  Breath pressure? → Full breaths Puffs  How many? → 30 Compressions : 2 Breaths  Compressions should be done at the rate of almost 2 per second		Children	Under 1 Year
How hard? → 1/3 chest depth approx 5 cm 1/3 chest depth approx 4 cm  Breath pressure? → Full breaths Puffs  How many? → 30 Compressions : 2 Breaths  Compressions should be done at the rate of almost 2 per second	Open Airway →	Head tilt/chin lift	Neutral head
approx 5 cm approx 4 cm  Breath pressure? → Full breaths Puffs  How many? → 30 Compressions : 2 Breaths  Compressions should be done at the rate of almost 2 per second	Press with? →	2 Hands	2 Fingers
How many? → 30 Compressions : 2 Breaths  Compressions should be done at the rate of almost 2 per second	How hard? $\rightarrow$	· ·	1/3 chest depth approx 4 cm
Compressions should be done at the rate of almost 2 per second	Breath pressure? →	Full breaths	Puffs
How fast? → at the rate of almost 2 per second	How many? →	30 Compressions : 2 Breaths	
(continuous rate or res per minus	How fast? →	•	

Adulta 2

For more information visit: www.resus.org.au

# **CONTINUE CPR / DEFIBRILLATION**

Until responsiveness or normal breathing returns, or help arrives.